

Workplace Bullying Awareness Course

Duration: 3 hrs

Cost: \$130 per person

\$990 group bookings (max 12 people)

Delivered on-site or at The Workers Health Centre

Designed for all employees including managers & supervisors.

Details and bookings contact Linda Rhyder on 9749 7666 or email lindar@workershealth.com.au

Course Content

Defining Workplace Bullying

Defining bullying behaviour
Discussion of forms of bullying
Recognising the bully

Effects of Bullying

Effects of bullying on the individual - case study
Cost of workplace bullying to organisations

How to Manage Bullying

Responsibilities of employers
Actions employees and employers can take

Comments from previous participants:

"The course raised my awareness of what bullying is, and made me think about my own actions"

"I found the course easy to follow and I enjoyed the exercises and discussions"

"The course discussed the importance of approaching the subject in a systematic way"



Workers Health Centre

The Workers Health Centre provides a range of quality services in occupational health and safety

*For further information and advice ring us on **02 9749 7666** or visit our website at www.workershealth.com.au*